WG Cornbread Poppers, Rich's (MS HS) #18510

Ingredients:

WHOLE WHEAT FLOUR AND WHOLE GRAIN CORN FLOUR BLEND (WHOLE WHEAT FLOUR, WHOLE GRAIN CORN FLOUR), WATER, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEGERMED YELLOW CORN MEAL. SOYBEAN OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), EGG YOLKS, DEFATTED SOY FLOUR, WHEAT STARCH, NATURAL AND ARTIFICIAL FLAVOR, NATURAL FLAVOR, MODIFIED WHEAT STARCH, SKIM MILK, POTATO FLOUR, MALTODEXTRIN, SALT, MONOGLYCERIDES, PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, SODIUM STEAROYL LACTYLATE, SODIUM CASEINATE (A MILK DERIVATIVE), DATEM.

Contains: Wheat, Milk, Soy, Egg

This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.

NUTRITION FACTS

Serving Size: 6 Poppers (86g)

Amount Per Serving

Calories 300

	% Daily Value*
Total Fat 16g	20%
Saturated Fat 7g Trans Fat 0g	34%
Cholesterol 20mg	6%
Sodium 400mg	18%
Total Carbohydrate 38g	14%
Dietary Fiber 2g Sugars 10g Includes 8g Added Sugars	10%
Protein 4g	10%
Vitamin D 0%	Potassium 4%
Iron 12%	Calcium 0%

^{*} Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Newington Foods and Nutrition Services Updated June 2023