

WG Cornbread Poppers, Rich's (ES)

#18510

Ingredients:

WHOLE WHEAT FLOUR AND WHOLE GRAIN CORN FLOUR BLEND (WHOLE WHEAT FLOUR, WHOLE GRAIN CORN FLOUR), WATER, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEGERMED YELLOW CORN MEAL, SOYBEAN OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), EGG YOLKS, DEFATTED SOY FLOUR, WHEAT STARCH, NATURAL AND ARTIFICIAL FLAVOR, NATURAL FLAVOR, MODIFIED WHEAT STARCH, SKIM MILK, POTATO FLOUR, MALTODEXTRIN, SALT, MONOGLYCERIDES, PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, SODIUM STEAROYL LACTYLATE, SODIUM CASEINATE (A MILK DERIVATIVE), DATEM.

Contains: Wheat, Milk, Soy, Egg

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

NUTRITION FACTS

Serving Size: 4 Poppers (57g)

Amount Per Serving

Calories 200

	% Daily Value*
Total Fat 11g	13%
Saturated Fat 5g	23%
Trans Fat 0g	
Cholesterol 13mg	4%
Sodium 267 mg	12%
Total Carbohydrate 25g	9%
Dietary Fiber 1g	7%
Sugars 7g	
Includes 5g Added Sugars	
Protein 3g	7%
Vitamin D 0%	Potassium 8%
Iron 8%	Calcium 0%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.