WG Cornbread Bowl, Smart Choice #38605

Ingredients:

Flour blend (whole grain wheat flour, enriched flour [wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid, malted barley flour], whole grain cornmeal), water, sugar, egg, soybean/canola oil, modified corn starch, whey, leavening (sodium acid pyrophosphate, baking soda, sodium bicarbonate, corn starch, monocalcium phosphate), egg extender (wheat flour, egg, soybean oil, guar gum, soy lecithin, salt, sodium bicarbonate, annatto & turmeric oleoresin, enzymes), vital wheat gluten, nonfat milk, calcium acetate, xanthan gum, guar gum, soy flour, soy lecithin.

Serving size	2.5 oz (71g
Amount per serving Calories	190
	% Daily Value
Total Fat 6g	79
Saturated Fat 0.5g	39
Trans Fat 0g	
Cholesterol 25mg	99
Sodium 160mg	79
Total Carbohydrate 33g	129
Dietary Fiber 1g	5%
Total Sugars 17g	
Includes 17g Added S	ugars 349
Protein 3g	
Vitamin D 0mcg	0%
Calcium 57mg	49
Iron 1mg	49
Potassium 55mg	29

Contains: Wheat, Milk, Soy, Egg

This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.

Newington Foods and Nutrition Services Reviewed June 2023