

Sunchips Harvest Cheddar Whole Grain Snacks – Frito Lay, #0-0028400-11152-2

Ingredients:

Whole Corn, Sunflower and/or Canola Oil, Whole Wheat, Brown Rice Flour, Whole Oat Flour, Sugar, Maltodextrin (Made From Corn), Salt, Whey, Natural Flavors, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Onion Powder, Buttermilk, Potassium Chloride, Romano Cheese (Cow's Milk, Cheese Cultures, Salt, Enzymes), Yeast Extract, Lactose, Paprika Extracts, Sodium Caseinate, Citric Acid, Skim Milk, Garlic Powder, Lactic Acid, And Parmesan Cheese (Milk, Cheese Cultures, Salt, Enzymes), and Skim Milk.

Contains: Wheat, Milk

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Nutrition Facts	
1 Serving per container	
Servings Size	1 package
Amount per serving	
Calories	140
	%Daily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	8%
Total Carbohydrate 19g	7%
Dietary Fiber 2g	8%
Total Sugars 2g	
Includes 2 g Added Sugars	3%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	2%
Potassium 100mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.	