## Reduced Fat Doritos Cool Ranch Tortilla Chips – Frito Lay, #000-28400-36096-8

## **Ingredients:**

Whole Corn, Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Corn Bran, Salt, Corn Starch, Tomato Powder, Lactose, Whey, Skim Milk, Onion Powder, Sugar, Garlic Powder, Monosodium Glutamate, Maltodextrin (Made from Corn), Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Malic Acid, Corn Syrup Solids, Buttermilk, Natural and Artificial Flavors, Sodium Acetate, Artificial Color (Red 40, Blue 1, Yellow 5), Spice, Citric Acid, Disodium Inosinate, and Disodium Guanylate.

## **Contains:** Milk

**\*\***This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.**\*\*** 

Newington Foods and Nutrition Services Updated July 2023

| Nutrition Facts  |                     |
|--|---------------------|
| 1 Serving per container<br>Servings Size   | 1 package           |
| Amount per serving<br>Calories   | 130                 |
| Total Fat 5g   | %Daily Value*<br>7% |
| Saturated Fat 0.5g   | 4%                  |
| Trans Fat 0g   |                     |
| Cholesterol 0mg  | 0%                  |
| Sodium 180mg   | 8%                  |
| Total Carbohydrate 20g   | 7%                  |
| Dietary Fiber 2g   | 6%                  |
| Total Sugars less than 1g  |                     |
| Protein 2g   |                     |
| Vitamin D 0mcg   | 0%                  |
| Calcium 30 mg  | 2%                  |
| Iron 0.3mg   | 0%                  |
| Potassium 60mg   | 0%                  |
| Not a significant source of added  | sugars              |
| *The % Daily Value (DV) tells you<br>nutrient in a serving of food contri<br>diet. 2,000 calories a day is used<br>advice. | butes to a daily    |