



# Chicken Taco Meat (MS/HS), #10199570328

## Ingredients:

Ground dark chicken, contains 2% or less of the following: caramelized sugar, corn flour, dried garlic, dried onion, isolated soy protein, maltodextrin, natural flavor, paprika, potato maltodextrin, salt, soy lecithin, spices, water, whole grain oats, yeast extract.

## Contains: Soy

**\*\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.\*\***

Newington Foods and Nutrition Services  
Reviewed June 2023

### NUTRITION FACTS

Serving Size: 3 OUNCES (84g)

Amount Per Serving

Calories 160

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2.5g	
Cholesterol 95mg	32%
Sodium 370 mg	16%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Sugars 1g	
Includes 0g Added Sugars	0%
Protein 19g	38%
Vitamin C 0%	Vitamin A 0%
Iron 6%	Calcium 0%

\* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.