



Chicken Taco Meat (ES), #10199570328

Ingredients:

Ground dark chicken, contains 2% or less of the following: caramelized sugar, corn flour, dried garlic, dried onion, isolated soy protein, maltodextrin, natural flavor, paprika, potato maltodextrin, salt, soy lecithin, spices, water, whole grain oats, yeast extract.

Contains: Soy

******This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.*****

Newington Foods and Nutrition Services Reviewed June 2023

NUTRITION FACTS

Serving Size: 2 OUNCES (56g)

Amount Per Serving

Calories 107

% Daily Value*

Total Fat 5g	6%
Saturated Fat 1g	7%
Trans Fat 0g	
Polyunsaturated Fai	t 1g
Monounsaturated F	-
Cholesterol 63mg	21%
Sodium 247 mg	11%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Sugars 1g	
Includes Og Added Sugars	
Protein 13g	25%
Vitamin C 0%	Vitamin A 0%
Iron 4%	Calcium 0%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.