



Low Sodium Pulled Chicken, #10460210928

Ingredients:

Boneless, skinless dark and white chicken, water, contains 2% or less of the following: maltodextrin, natural flavors, rice starch, vinegar, yeast extract.

Contains: No Allergens

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 3 oz. (84g)

Amount Per Serving

Calories 120

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 2.5g	
Cholesterol 65mg	22%
Sodium 120 mg	5%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Includes 0g Added Sugars	
Protein 16g	32%
Vitamin D 0%	Potassium 8%
Iron 4%	Calcium 0%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.