



WG Breaded Golden Crispy Popcorn Chicken, #10703680928 (MS HS)

Ingredients:

Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, seasoning [brown sugar, onion powder, salt, yeast extract, canola oil, carrot powder, garlic powder, citric acid, spice, vegetable stock (onion, celery, carrot), natural flavor], sodium phosphates. BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, salt, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color). Breading set in vegetable oil.

Contains: Soy, Wheat

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated July 2023

NUTRITION FACTS

Serving Size: 6 oz.

Amount Per Serving

Calories 305 Calories from Fat 159

	% Daily Value*
Total Fat 18g	23%
Saturated Fat 3g	16%
Trans Fat 0g	
Polyunsaturated Fat 9g	
Monounsaturated Fat 5g	
Cholesterol 31mg	10%
Sodium 464 mg	21%
Total Carbohydrate 20g	7%
Dietary Fiber 4g	13%
Sugars 1g	
Includes 1g Added Sugars	
Protein 18g	37%
Vitamin D 0%	Potassium 18%
Iron 12%	Calcium 2%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.