



WG Breaded Golden Crispy Popcorn Chicken, #10703680928 (ES)

Ingredients:

Chicken, water, textured soy protein concentrate, isolated soy protein with less than 2% lecithin, seasoning [brown sugar, onion powder, salt, yeast extract, canola oil, carrot powder, garlic powder, citric acid, spice, vegetable stock (onion, celery, carrot), natural flavor], sodium phosphates. BREADED WITH: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, salt, sugar, dried onion, dried garlic, torula yeast, spice, dextrose, dried yeast, turmeric extract (color), paprika extract (color). Breading set in vegetable oil.

Contains: Soy, Wheat

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 3.36 oz.

Amount Per Serving

Calories 250 Calories from Fat 130

	% Daily Value*
Total Fat 15g	19%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Polyunsaturated Fat 7g	
Monounsaturated Fat 4.5g	
Cholesterol 25mg	8%
Sodium 380 mg	17%
Total Carbohydrate 16g	6%
Dietary Fiber 3g	11%
Sugars 1g	
Includes 1g Added Sugars	
Protein 15g	30%
Vitamin D 0%	Potassium 15%
Iron 10%	Calcium 2%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.