



Whole Grain Breaded Golden Crispy Patty, #10703020928

Ingredients:

Boneless, skinless chicken breast with rib meat, whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of the following: brown sugar, canola oil, carrot powder, citric acid, dextrose, dried garlic, dried onion, dried yeast, garlic powder, isolated soy protein, natural flavor, onion powder, paprika extract (color), salt, sodium phosphates, spice, sugar, torula yeast, turmeric extract (color), vegetable stock (onion, celery, carrot), wheat gluten, yeast extract. Breading set in vegetable oil.

Contains: Soy, Wheat

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 1 PIECE (105g)

Amount Per Serving

Calories 200 Calories from Fat 80

% Daily Value*

| | |
|--------------------------|---------------|
| Total Fat 9g | 12% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Polyunsaturated Fat 5g | |
| Monounsaturated Fat 2.5g | |
| Cholesterol 45mg | 15% |
| Sodium 290 mg | 13% |
| Total Carbohydrate 9g | 3% |
| Dietary Fiber 3g | 11% |
| Sugars 0g | |
| Includes 0g Added Sugars | |
| Protein 19g | 38% |
| Vitamin D 0% | Potassium 15% |
| Iron 6% | Calcium 0% |

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.