

Whole Grain Breaded Homestyle Chicken Pieces, #10214220928

Ingredients:

Boneless, skinless chicken breast chunks with rib meat, water, whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of the following: brown sugar, canola oil, carrot powder, citric acid, cocoa powder (color), extracts of paprika and turmeric, garlic powder, leavening (sodium acid pyrophosphate, sodium bicarbonate), modified food starch, natural flavor, onion powder, salt, sodium phosphates, soybean oil, spice, sugar, vegetable stock (onion, celery, carrot), wheat gluten, yeast, yeast extract, yellow corn flour. Breading set in vegetable oil.

Contains: Wheat, Soy

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 6 PIECES (143g)

Amount Per Serving

Calories 350 Calories from Fat 170

	% Daily Value*
Total Fat 19g	29%
Saturated Fat 3g	15%
Trans Fat 0g	
Polyunsaturated Fat 10g	
Monounsaturated Fat 5g	
Cholesterol 65mg	22%
Sodium 810 mg	35%
Total Carbohydrate 20g	7%
Dietary Fiber 3g	11%
Sugars 0g	
Includes 0g Added Sugars	
Protein 27g	54%
Vitamin C 0%	Vitamin A 0%
Iron 10%	Calcium 2%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.