

# Baked Cheetos Whole Grain Rich - Frito Lay, #000-28400-62933-1

## Ingredients:

Whole Corn Meal, Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Whey, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Salt, Maltodextrin (Made from Corn), Natural and Artificial Flavors, Whey Protein Concentrate, Monosodium Glutamate, Lactic Acid, Citric Acid, and Artificial Color (Yellow 6).

## Contains: Milk

**\*\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.\*\***

Nutrition Facts	
1 Serving per container	
Servings Size	1 package
Amount per serving	
<b>Calories</b>	<b>120</b>
Total Fat 4.5g	%Daily Value* 6%
Saturated Fat 1g	4%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 1.5 g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	4%
Total Sugars 1g	
Protein 2g	
Vitamin D 0mcg	0%
Calcium 20 mg	0%
Iron 0.4mg	2%
Potassium 70mg	0%
Not a significant source of added sugars	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general advice.	

Newington Foods and Nutrition Services  
Reviewed June 2023