

Cheddar Cheese Stick, 1oz. Bongards - #402911

Ingredients:

Cheddar Cheese [Cultured Pasteurized Milk, Salt, Enzymes, Annatto (color)]

Contains: Milk

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 1 Stick

Amount Per Serving

Calories 110

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 180mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Included 0g Added Sugars	0%
Protein 7g	
Vitamin D 0%	Potassium 0%
Iron 0%	Calcium 15%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.