

Ultimate Cheddar Cheese Dip Cup, 3oz. Land O' Lakes - #39911

Ingredients:

Water, Cheddar Cheese (cultured pasteurized milk, salt, enzymes), Whey, Potassium Phosphate, Reduced Fat Cheddar Cheese (cultured pasteurized reduced fat milk, salt, enzymes), Non-Fat Dry Milk, Maltodextrin, Contains Less than 2% of Glucono-Delta-Lactone, Natural Flavors, Carrageenan, Lactic Acid, Salt, Mono and Diglycerides, Sorbic Acid (preservative), Sodium Phosphate, apo-Carotenal (color).

Contains: Milk

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

**Newington Foods and Nutrition Services
Updated July 2023**

Serving Size: 3 oz (85g)
Servings Per Case: 140

AMOUNT PER SERVING:

Calories: 180 kcal

	QUANTITY	% DAILY VALUE*
Total Fat:	10 g	13 %
Saturated Fat:	6 g	30 %
Trans Fat:	0 g	
Cholesterol:	30 mg	10 %
Sodium:	390 mg	17 %
Total Carbohydrate:	13 g	5 %
Dietary Fiber:	0 g	0 %
Total Sugars:	10 g	
Added Sugars:	0 g	0 %
Protein:	10 g	19 %
Vitamin D:	0 mcg	0 %
Calcium:	334 mg	25 %
Iron:	0 mg	0 %
Potassium:	1829 mg	40 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.