

Reduced Fat Cheddar Cheese Stick, 1oz. Bongards - #402921

Ingredients:

Reduced Fat Cheddar Cheese [Cultured Pasteurized Reduced-Fat Milk, Salt, Enzymes, Annatto (color)], Vitaman A Palmitate).

Contains: Milk

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 1 Stick

Amount Per Serving

Calories 90

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 180mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Included 0g Added Sugars	0%
Protein 8g	
Vitamin D 0%	Potassium 0%
Iron 0%	Calcium 15%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.