

Cocoa Puffs Cereal, Less Sugar, Single Serve Cup, 2 oz. , #14885000 – General Mills

Ingredients:

Whole Grain Corn, Sugar, Corn Meal, Corn Syrup, Cocoa Processed with Alkali, Canola and/or Sunflower Oil, Caramel Color, Salt, Fructose, Refiner's Syrup, Baking Soda, Natural Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Contains: No Allergens

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Nutrition Facts

Serving Size		1 Container (56g)
		As Packaged
Calories		220
		% DV
Total Fat	2.5g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	230mg	10%
Total Carbohydrate	47g	17%
Dietary Fiber	3g	12%
Total Sugars	15g	
Incl. Added Sugars	15g	30%
Protein	3g	
Vitamin D	3mcg	15%
Calcium	200mg	15%
Iron	5.4mg	30%
Potassium	190mg	4%
Vitamin A		15%
Vitamin C		15%
Thiamin		30%
Riboflavin		15%
Niacin		15%
Vitamin B6		30%
Folate		30%
Folic Acid	70mcg	
Vitamin B12		30%
Zinc		30%