

# Whole Grain Cheese Calzone (PizzaBoli) - #53201, Tasty Brands

## Ingredients:

Reduced Fat Mozzarella Cheese (Pasteurized Part Skim Milk, Nonfat Milk, Modified Food Starch, Cultures, Salt, Vitamin A Palmitate, Enzymes) Water, Pizza Sauce (Water, Tomato Paste, Tomatoes [Diced Tomatoes, Tomato Juice, Citric Acid], Extra Virgin Olive Oil, Sugar, Salt, Garlic Powder, Spices), Whole Grain Whole Wheat Flour, Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Yeast, Sugar, Parmesan Cheese ([Pasteurized Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes], Powdered Cellulose Added to Prevent Caking), Non Fat Dry Milk, Natural Flavor, Spices, Salt, Garlic.

**\*\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.\*\***

**Contains: Wheat, Soy, Milk**

Nutrition Facts	
Serving size	1 PizzaBoli (142g)
Amount per serving	
<b>Calories</b>	<b>310</b>
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 640mg	28%
Total Carbohydrate 34g	12%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 2g Added Sugars	4%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 339mg	25%
Iron 2mg	10%
Potassium 95mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Newington Foods and Nutrition Services  
Reviewed June 2023