

Veggie Burger, #28989-10409 – Morningstar

Ingredients:

Water, Wheat Gluten, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Soy Protein Isolate, Soy Flour, Egg Whites. Contains 2% or less of Natural Flavor, Cornstarch, Methylcellulose, Cooked Onion and Carrot Juice Concentrate, Salt, Whey, Garlic Powder, Spice, Onion Powder, Tomato Paste (Tomatoes), Xanthan Gum.

Contains: Wheat, Soy, Egg, Milk

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Nutrition Facts	
Serving size	1 Burger (71g)
Amount per serving	
Calories	150
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 400mg	17%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	9%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 16g	21%
Vitamin D 0.1mcg	0%
Calcium 40mg	2%
Iron 1.2mg	6%
Potassium 130mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.