

Wheat Dinner Roll, 1 oz. - Homestead - #107

Ingredients:

Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Thiamine Mononitrate, Niacin, Reduced Iron, Riboflavin, Folic Acid, Malted Barley Flour), Water, Sugar, Soybean Oil, Wheat Gluten, Salt, Yeast, enzymes, Soy Lecithin (emulsifier), Calcium Propionate, Calcium Sulfate, Ammonium Sulfate, Monocalcium Phosphate, Ascorbic Acid, Baking Soda.

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.****

Contains: Wheat & Soy

***This product was manufactured in a facility that processes eggs, soy, wheat, wheat gluten and other grains and seeds. Products may contain trace amounts of these items.**

Newington Foods and Nutrition Services
Updated June 2023

Nutrition Facts		
12 servings per container		
Serving size	1 Roll (35g/1.2oz)	
Amount Per Serving		
Calories	100	
% Daily Value*		
Total Fat 1.5 g	2 %	
Saturated Fat 0 g	0 %	
<i>Trans</i> Fat 0 g		
Cholesterol 0 mg	0 %	
Sodium 190 mg	8 %	
Total Carbohydrate 18 g	7 %	
Dietary Fiber 1 g	5 %	
Total Sugars 2 g		
Includes 3 g Added Sugars	3 %	
Protein 1 g		
Vitamin D 0 mcg	0 %	
Calcium 30 mg	2 %	
Iron 1 mg	6 %	
Potassium 50 mg	2 %	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
Calories per gram:		
Fat 9	Carbohydrate 4	Protein 4