

# WG Super Blueberry Bread, 3.4 oz., Slice - Super Bakery - #7503

## Ingredients:

WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GRANULATED SUGAR, SOYBEAN OIL, BLUEBERRIES, EGG WHITES, DEFATTED SOY FLOUR, SODIUM ACID PYROPHOSPHATE, WHEAT GLUTEN, SODIUM BICARBONATE, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, DEXTROSE, NATURAL FLAVOR, MONOAND DIGLYCERIDES, DRY HONEY SOLIDS, CORN STARCH, SALT, GUAR GUM, XANTHAN GUM, CINNAMON, MONOCALCIUM PHOSPHATE, WHEY.

**\*\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.\***

**Contains: Wheat, Soy, Egg & Milk**

Newington Foods and Nutrition Services  
Updated July 2023

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>(96g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>270</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 45g	<b>16%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 24g	
Includes 23g of Added Sugars	<b>48%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	<b>0%</b>
Calcium 46mg	<b>4%</b>
Iron 1mg	<b>6%</b>
Potassium 173mg	<b>4%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.