

Lender's Individually Wrapped WG White Bagels, Sliced - #00075

Ingredients:

WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, MALT EXTRACT (CORN AND BARLYE), SALT, CORN MEAL, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), VEGETABLE OIL (SOYBEAN), MONOGLYCERIDES, GUAR GUM.

****This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly.***

Contains: Wheat, Soy

****Made in a bakery that may also use sesame**

Newington Foods and Nutrition Services
Updated June 2023

NUTRITION FACTS

Serving Size: 1 Bagel (57g)

Amount Per Serving

Calories 150 Calories from Fat 10

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 160 mg	7%
Total Carbohydrate 28g	10%
Dietary Fiber 4g	14%
Sugars 5g	
Includes 5g Added Sugars	
Protein 6g	

Vitamin D 0%	Potassium 2%
Iron 6%	Calcium 2%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.