

# Original Bagel, 51% WG Rainbow Bagel - #51952

## Ingredients:

WHOLE WHEAT FLOUR, WHEAT FLOUR ENRICHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, CULTURED WHEAT FLOUR, VINEGAR, SALT, YEAST, FD&C YELLOW #5, FD&C RED #40, FD&C BLUE #1, FD&C RED#40, FD&C BLUE #1, NON-GMO SOYBEAN OIL, SUNFLOWER OIL, ASCORBIC ACID, ENZYMES

**\*\*This is a representation of the nutrition label. The actual nutrition label on the product may vary slightly. \***

**Contains: Wheat, Soy**

Newington Foods and Nutrition Services  
Reviewed June 2023

<b>Nutrition Facts</b>	
80 servings per container	
Serving size	2 oz (57g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>140</b>
<b>% Daily Value *</b>	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 125mg	5%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	9%
Total Sugars 2g	
Includes 1g Added Sugars	3%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.5mg	8%
Potassium 90mg	2%
Folate 65mcg DFE (30mcg Folic Acid)	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	